



## We're looking for Nurse Lifeline Champions

**Registered nurse?**

**We need YOU to spread the  
awareness of our cause  
to your peers.**

Nurse Lifeline is a registered charity that focuses on improving nurses' and midwives' mental health, emotional wellbeing, and resilience across the UK.

We do this by providing a unique listening service and email service 'run by nurses and midwives for nurses and midwives.'

To get involved, simply email  
[ops@nurselifeline.org.uk](mailto:ops@nurselifeline.org.uk)